**Cornbread muffins**

**Ingredients:**

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| 1/4 cup (60 mL) butter, melted1/3 cup (80 mL) white sugar2 Tbsp (30 mL) honey or syrup1 egg1/4 tsp (1mL)salt3/4 cup (185 mL) all-purpose flour1/4 cup (60 mL) cornmeal1/2 tsp (2 mL) baking powder1/4 cup (60 mL) milk1/4 cup (60 mL) frozencorn kernels, thawed |  |

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| **1.** | Preheat oven to 400 degrees F (200 degrees C). Grease or line 6 muffin cups. |
| **2.** | In a large bowl, mix together butter, sugar, honey, eggs and salt. Mix in flour, cornmeal and baking powder; blend thoroughly. Stir in milk and corn. Pour or spoon batter into prepared muffin cups. |
| **3.** | Bake in preheated oven for 20 to 25 minutes, or until a toothpick inserted into center of a muffin comes out clean |