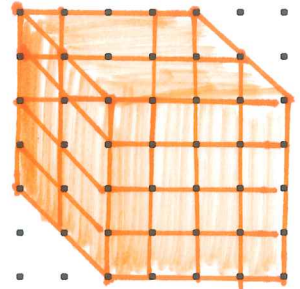
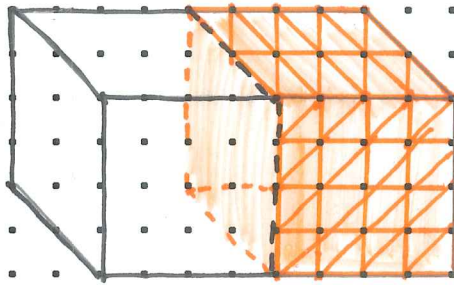


1 Pound of 'Butter'

How to cut butter or margarine

2 x 1 cup

1 cup = 250 mL

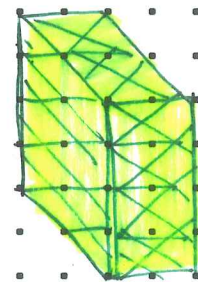
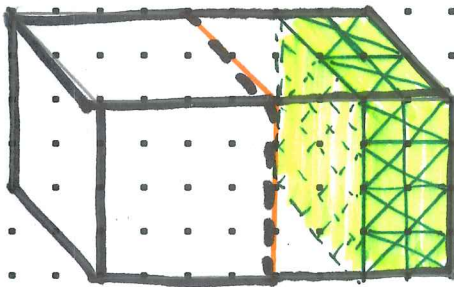


4 x 1/2 cup

1/2 cup = 1 stick

1/2 cup = 8 tbsp

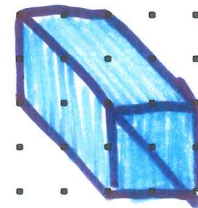
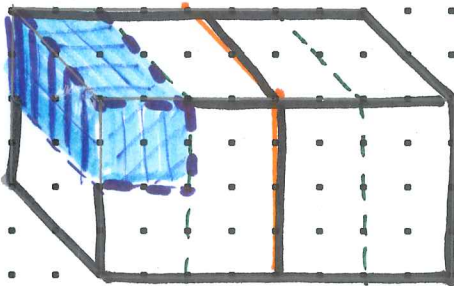
1/2 cup = 125 mL



8 x 1/4 cup

1/4 cup = 4 tbsp

1/4 cup = 60 mL



2 tbsp = 30 mL

1 tbsp = 15 mL

