

Indian Naan Bread

PREP TIME15 Min

TOTAL TIME
SERVES
30 Min
6



Anna Olson
Bake With Anna Olson

Naan bread is traditionall baked on the walls of a tandoori oven, but you can easily make this at home, using a cast iron skillet. Once you see how easy it is to make authentic naan from scratch, you'll never buy pre-made again!

Directions for: Indian Naan Bread

INGREDIENTS

3/4 cup warm water (just about body temperature)

½ cup plain yogurt (any fat %)

2 Tbsp vegetable oil

2 1/4 tsp (1 package) instant yeast

2 ½ cups all-purpose flour

½ tsp salt

Melted butter or ghee, for brushing

Sea salt and/or chopped fresh coriander, for sprinkling

DIRECTIONS

- 1. Place the water, yogurt, oil, yeast, 2 ¼ cups (337 g) of the flour and salt in a large mixing bowl and stir with a wooden spoon until it becomes to awkward. Pour the remaining ¼ cup (37 g) of flour on a clean work surface and tip the dough out onto it. Knead the dough for about 3 minutes, turning it and working in all of the remaining flour. Place the dough back in the bowl, cover the bowl with plastic wrap and set aside to rise for an hour.
- 2. Turn the dough out onto a work surface lightly dusted with flour and divide it into 6 pieces. Roll out each piece of dough into a rough circle (precision is not essential here) about 8 or 9-inches (20-23 cm) across.
- 3. Heat a cast iron or other heavy-bottomed skillet on high heat. Drop in a naan and cook for about 90 seconds, until browned in spots on the bottom. Use tongs to flip the naan over to cook another 90 seconds, until the bubbles blister and turn toasty brown. Brush the naan with melted butter or ghee, sprinkle with salt and/or coriander. Repeat with the remaining pieces of dough. Stacking the naan will keep it warm, or you can hold them in a 300 °F (150°C) oven until ready to serve.

See more: Bread, Indian, Side