

Mixed Roasted Vegetables

Any combination of root vegetables.

Carrots, Mushrooms, Squash, Onions, Cauliflower.

Slice all vegetables about the same size, coat with 2 tbsp of olive oil. Sprinkle with salt, pepper or taco seasoning.

Roast until golden and softened.

Serve with home made tortillas and cheese

Pico De Gallo

2 tomatoes seeds removed and diced

½ jalapeno diced (remove seeds and membrane to lessen heat)

½ white or red onion diced

Handful of cilantro

Squeeze of lime juice

1 tsp sea salt (less salty, if using table salt reduce to ½ tsp)

- Mix all ingredients together and let rest for 20 minutes.

Crema

½ cup plain Greek yogurt or sour cream

2 tbsp mayonnaise

½ tsp salt

½ tsp cumin

Squeeze lime juice

- Mix all ingredients together and let rest for 20 minutes.