

Feeding Sourdough Starter

Give your starter a name _____

Day	Jar	starter	Whole Wheat	All purpose	Water	Total
1			100		150	
2		70	50	50	115	
3		70	50	50	115	
4		70	50	50	100	
5		70	50	50	100	
6		50	50	50	100	
7		25	50	50	100	
to keep alive		25	50	50	100	

1. all measurements are in grams!
2. enter in the weight of your jar and add to total